



RUTOMETRO VG TRAIL 2025					16KM +650	RUTOMETRO VG TRAIL 2025					26KM +1300
KM	1º	ULTIMO	PUNTOS DE INTERES			KM	1º	ULTIMO	PUNTOS DE INTERES		
SALIDA	10:00:00		MENDIZORROTZA			SALIDA	9:30:00		MENDIZORROTZA		
1	10:04:00	10:11:00				1	9:34:15	9:41:00			
2	10:08:00	10:22:00				2	9:38:30	9:52:00			
3	10:12:00	10:33:00				3	9:42:45	10:03:00			
4	10:16:00	10:44:00				4	9:47:00	10:14:00			
4,28	10:17:07	10:47:05	AVIT (L) BERROSTEGIETA			4,28	9:48:11	10:17:05	AVIT L (BERROSTEGIETA)		
5	10:20:00	10:55:00				5	9:51:15	10:25:00			
6	10:24:00	11:06:00				6	9:55:30	10:36:00			
7	10:28:00	11:17:00				7	9:59:45	10:47:00			
7,8	10:31:12	11:25:48	AVIT (S+L) ZALDIARAN			7,8	10:03:09	10:55:48	AVIT (S+L) ZALDIARAN		
8	10:32:00	11:28:00				8	10:04:00	10:58:00			
9	10:36:00	11:39:00				9	10:08:15	11:09:00			
10	10:40:00	11:50:00				10	10:12:30	11:20:00			
10,7	10:42:48	11:57:42	AVIT (S+L) ESKIBEL			10,7	10:15:28	11:27:42	AVIT (S+L) ESKIBEL		
11	10:44:00	12:01:00				10,6	10:15:03	11:26:36			
12	10:48:00	12:12:00				11	10:16:45	11:31:00			
13	10:52:00	12:23:00				12	10:21:00	11:42:00			
14	10:56:00	12:34:00				13	10:25:15	11:53:00			
15	11:00:00	12:45:00				14	10:29:30	12:04:00			
16	11:04:00	12:56:00	META - MENDIZORROTZA			15	10:33:45	12:15:00			
						16	10:38:00	12:26:00			
						17,4	10:43:57	12:41:24	AVIT (L) ZUMELTZU		
						18	10:46:30	12:48:00			
						19	10:50:45	12:59:00			
						19,15	10:51:23	13:00:39	AVIT (S+L) ZALDIARAN		
						20	10:55:00	13:10:00			
						21	10:59:15	13:21:00			
						21,55	11:01:35	13:27:03	AVIT (S+L) ESKIBEL		
						22	11:03:30	13:32:00			
						23	11:07:45	13:43:00			
						24	11:12:00	13:54:00			
						25	11:16:15	14:05:00			
						26	11:20:30	14:16:00	MENDIZORROTZA		

RITMOS 16KM
4:00 minutos/km mas rapido
11 minutos/km mas lento

RITMOS 26KM
4:30 minutos/km mas rapido
11 minutos/km mas lento

RUTOMETRO VG TXAKUR CROSS 2025				
10KM	KM	1º	ULTIMO	PUNTOS DE INTERES
	SALIDA	9:00:00	9:12:30	MENDIZORROTZA
	1	9:03:00	9:19:00	
	2	9:06:00	9:25:30	
	3	9:09:00	9:32:00	
	4	9:12:00	9:38:30	
	5	9:15:00	9:45:00	META

RITMOS CANICROSS
3:00 minutos/km mas rapido
6:30 minutos/km mas lento

RUTOMETRO VG MARTXA 2025				
	KM	1º	ULTIMO	PUNTOS DE INTERES
	SALIDA	8:00:00		MENDIZORROTZA
	1	8:07:00	8:15:00	
	2	8:14:00	8:30:00	
	3	8:21:00	8:45:00	
	4	8:28:00	9:00:00	
	5	8:35:00	9:15:00	
	5,5	8:38:30	9:22:30	AVIT (S+L) ESKIBEL
	6	8:42:00	9:30:00	
	7	8:49:00	9:45:00	
	8	8:56:00	10:00:00	
	9	9:03:00	10:15:00	
	10	9:10:00	10:30:00	
	11	9:17:00	10:45:00	
	12	9:24:00	11:00:00	
	12,2	9:25:24	11:03:00	AVIT (L) ZUMELTZU
	13	9:31:00	11:15:00	
	14	9:38:00	11:30:00	AVIT (L) ZALDIARAN
	15	9:45:00	11:45:00	
	16	9:52:00	12:00:00	
	17	9:59:00	12:15:00	
	18	10:06:00	12:30:00	
	19	10:13:00	12:45:00	
	20	10:20:00	13:00:00	
	21	10:27:00	13:15:00	
	22	10:34:00	13:30:00	
	22,3	10:36:06	13:34:30	MENDIZORROTZA

RITMOS MARTXA
7 minutos/km mas rapido
15 minutos/km mas lento