



0:04:00
0:11:00

0:04:15
0:11:00

RUTOMETRO VG TRAIL 2025					RUTOMETRO VG TRAIL 2025				
16KM +650	KM	1º	ULTIMO	PUNTOS DE INTERES	26KM +1300	KM	1º	ULTIMO	PUNTOS DE INTERES
	SALIDA	9:30:00		MENDIZORROTZA		SALIDA	10:00:00		MENDIZORROTZA
	1	9:34:00	9:41:00			1	10:04:15	10:11:00	
	2	9:38:00	9:52:00			2	10:08:30	10:22:00	
	3	9:42:00	10:03:00			3	10:12:45	10:33:00	
	4	9:46:00	10:14:00			4	10:17:00	10:44:00	
	4,28	9:47:07	10:17:05	AVIT (L) BERROSTEGIETA		4,28	10:18:11	10:47:05	AVIT L (BERROSTEGIETA)
	5	9:50:00	10:25:00			5	10:21:15	10:55:00	
	6	9:54:00	10:36:00			6	10:25:30	11:06:00	
	7	9:58:00	10:47:00			7	10:29:45	11:17:00	
	7,8	10:01:12	10:55:48	AVIT (S+L) ZALDIARAN		7,8	10:33:09	11:25:48	AVIT (S+L) ZALDIARAN
	8	10:02:00	10:58:00			8	10:34:00	11:28:00	
	9	10:06:00	11:09:00			9	10:38:15	11:39:00	
	10	10:10:00	11:20:00			10	10:42:30	11:50:00	
	10,7	10:12:48	11:27:42	AVIT (S+L) ESKIBEL		10,7	10:45:29	11:57:42	AVIT (S+L) ESKIBEL
	11	10:14:00	11:31:00			10,6	10:45:03	11:56:36	
	12	10:18:00	11:42:00			11	10:46:45	12:01:00	
	13	10:22:00	11:53:00			12	10:51:00	12:12:00	
	14	10:26:00	12:04:00			13	10:55:15	12:23:00	
	15	10:30:00	12:15:00			14	10:59:30	12:34:00	
	16	10:34:00	12:26:00	META - MENDIZORROTZA		15	11:03:45	12:45:00	
						16	11:08:00	12:56:00	
						17,4	11:13:57	13:11:24	AVIT (L) ZUMELTZU
						18	11:16:30	13:18:00	
						19	11:20:45	13:29:00	
						19,15	11:21:23	13:30:39	AVIT (S+L) ZALDIARAN
						20	11:25:00	13:40:00	
						21	11:29:15	13:51:00	
						21,55	11:31:35	13:57:03	AVIT (S+L) ESKIBEL
						22	11:33:30	14:02:00	
						23	11:37:45	14:13:00	
						24	11:42:00	14:24:00	
						25	11:46:15	14:35:00	
						26	11:50:30	14:46:00	MENDIZORROTZA

RITMOS 16KM	
4:00 minutos/km mas rapido	
11 minutos/Km mas lento	

RITMOS 26KM	
4:30 minutos/km mas rapido	
11 minutos/km mas lento	

0:03:00
0:06:30

RUTOMETRO VG TXAKUR CROSS 2025				
10KM	KM	1º	ULTIMO	PUNTOS DE INTERES
	SALIDA	8:30:00		MENDIZORROTZA
	1	8:33:00	8:36:30	
	2	8:36:00	8:43:00	
	3	8:39:00	8:49:30	
	4	8:42:00	8:56:00	
	4,28	8:42:50	8:57:49	AVIT (L) BERROSTEGIETA
	5	8:45:00	9:02:30	
	6	8:48:00	9:09:00	
	7	8:51:00	9:15:30	META - MENDIZORROTZA

RITMOS 16KM	
3:00 minutos/km mas rapido	
6:30 minutos/Km mas lento	

0:07:00
0:15:00

RUTOMETRO VG MARTXA 2025				
26KM +1300	KM	1º	ULTIMO	PUNTOS DE INTERES
	SALIDA	8:00:00		MENDIZORROTZA
	1	8:07:00	8:15:00	
	2	8:14:00	8:30:00	
	3	8:21:00	8:45:00	
	4	8:28:00	9:00:00	
	5	8:35:00	9:15:00	
	5,5	8:38:30	9:22:30	AVIT (S+L) ESKIBEL
	6	8:42:00	9:30:00	
	7	8:49:00	9:45:00	
	8	8:56:00	10:00:00	
	9	9:03:00	10:15:00	
	10	9:10:00	10:30:00	
	11	9:17:00	10:45:00	
	12	9:24:00	11:00:00	
	12,2	9:25:24	11:03:00	AVIT (L) ZUMELTZU
	13	9:31:00	11:15:00	
	14	9:38:00	11:30:00	AVIT (L) ZALDIARAN
	15	9:45:00	11:45:00	
	16	9:52:00	12:00:00	
	17	9:59:00	12:15:00	
	18	10:06:00	12:30:00	
	19	10:13:00	12:45:00	
	20	10:20:00	13:00:00	
	21	10:27:00	13:15:00	
	22	10:34:00	13:30:00	
	22,3	10:36:06	13:34:30	MENDIZORROTZA

RITMOS 26KM	
7 minutos/km mas rapido	
15 minutos/km mas lento	